



## Week Eight: Attitude is Everything Ephesians 4:17-32 Small Group Study

**Welcome to Paul's Letter to the Ephesian Church! Paul continues to help the Ephesian church learn about who they are and what they are about as God's people...**

### **Icebreaker:**

1. What comes to mind when you think of the "Christian life"?

### **Study:**

#### **Read Ephesians 4:17-24**

2. In what way are the Ephesians both Gentiles and NOT Gentiles at the same time?
3. Contrast the "old" way of life with the "new" way of life Paul describes.
4. How does your attitude make a difference?

#### **Read Ephesians 4:25-32**

5. What does it mean to "not let the sun go down on your anger"?
6. What happens when we live in anger and bitterness?
7. Instead of anger and bitterness, what is the mark of a life in Christ?

### **Application:**

8. Read John 15:5...How does abiding in Christ affect the attitude of our minds?
9. What stands in the way of you spending time with Jesus?